

### **FREE RESOURCES FOR ELDER CARE AND ELDER LAW ISSUES**

1. National Academy of Elder Law Attorneys: Referrals for elder law attorneys, by geographic area, and general information about elder law. [www.naela.org](http://www.naela.org)
2. Illinois Department on Aging: Information on Medicare, Medicaid, and other free services. [www.illinois.gov/aging](http://www.illinois.gov/aging). Ph. 1-800-252-8966.
3. Federal Consumer Financial Protection Bureau: [www.consumerfinancial.gov](http://www.consumerfinancial.gov) - download the free "Money Smart for Older Adults Resource Guide"
4. Center for Medicare Advocacy: Excellent self-help resources for making the most of your Medicare benefits. [www.medicareadvocacy.org](http://www.medicareadvocacy.org)
5. Illinois SHIP (Senior Health Insurance Program): Help with understanding and selecting Medicare and Medicare supplement plans. Help with Medicare problems. Ph. 800-252-8966
6. North Shore Senior Center: Programming for seniors and help with government benefits, health, and emotional issues. Ph. 847-784-6000.
7. Village of Skokie Senior Services: Home delivered meals, social work services and more - Ph. 847-933-8208.
8. Levy Center, Evanston: Various programs for seniors to promote health and well-being - Ph. 847-448-8250. Membership is only \$50 per year for non-residents.  
<https://www.cityofevanston.org/government/departments/parks-recreation-community-services/facilities/levy-senior-center>
9. Justice in Aging: Excellent online resources for Medicaid issues - <http://www.justiceinaging.org>
10. Illinois Elder Abuse Hotline: Toll Free Ph. 866-800-1409.
11. Aging Life Care Association - Geriatric Care Managers - <https://www.aginglifecare.org/>
12. What My Family Needs to Know - free fillable PDF - <https://www.pdfFiller.com/jsfiller-desk7/?projectId=195836133&expId=3548&expBranch=3#cc688ef89bb94a64af5dd1cbd2e027f4>