

MENTAL HEALTH AND SPECIAL NEEDS RESOURCES FOR FAMILIES

Mental Health Information, Advocacy and Support:

Suicide Prevention Hotline - Ph. 773-973-7900

NAMI Chicago - Ph. 312.563.0445, www.namichicago.org

Depression and Bi-Polar Support Alliance – Ph. 800) 826-3632, www.dbsalliance.org

Compass Health Center - Chicago and Northbrook - Ph. 773.649.5403
www.compasshealthcenter.net

Rogers Behavior Health – Skokie, Illinois, Ph. 224-470-4100,
<https://rogersbh.org/locations/skokie-il>

Anixter Center Chicago - Ph. 773-973-7900 - www.anixter.org

Heartland Health - Chicago, Ph. 773-275-2586, www.heartlandalliance.org

City of Chicago Dept. of Mental Health - Ph. 311 or 312-747-9884
www.cityofchicago.org/city/en/depts/cdph/supp_info/behavioral-health/mental_health_centers.html

Illinois Department of Human Services - Ph. 312.793.413, www.dhs.state.il.us

Developmental Disabilities and Autism Support and Advocacy

The Arc of Illinois – Ph. 815-464-1832, www.thearcofil.org

Aspire – Ph. 708.236.0979, www.aspirechicago.com

Illinois DHS Department of Rehabilitative Services, Ph. 800-843-6154,
www.dhs.state.il.us/page.aspx?item=29736

Autism Program of Illinois (TAP) – Ph. 217- 585-5178, www.tap-illinois.org

Jewish Child and Family Services (JCFS) – Ph. 855-ASK-JCFS, www.jcfs.org

Little City – Ph. 773-265-1539, www.littlecity.org

Care Managers and Patient Advocates:

Josh Mitzen, Advocacy Services, LLC, Evanston/Skokie Area, Ph. 847-401-4460
www.advocacy-services.com

Day One Pact - Chicago area - Ph. 630-960-9700 (telephone and “Crisis After Hours” –
24 Hour Accessibility) www.dayonepact.org

Lifecare Innovations - Chicago Area - Ph. 847-857-9133, www.lcius.com

Life With Dignity - Western Suburbs, Ph. 630-549-0654, www.lifewithdignity.net

Senior Care Solutions – Evanston/Skokie/Northside – Ph. 847.217.6507,
www.seniorcarechicago.net

Community Resources

Thresholds Chicago - Ph. 773-572-5500, www.thresholds.org

The Ark Chicago - Ph. 773-973-1000, www.arkchicago.org

Catholic Charities - Ph. 312-655-7700, www.catholiccharities.net

Asian Human Services - Ph. 773-728-2235, www.ahschicago.org

The Center on Halsted, Chicago - Ph. 773.472.6469, www.centeronhalsted.org

No Shame on U - www.noshameonu.org

Government Benefits Specialists

Sherri Schneider - Family Benefit Solutions, Ph. 847-279-8506, benefithelp@aol.com

Teri Bodeman - Benefit Boost, Ph. 847-561-1722, tbodeman@benefitboost.net